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DEVELOPMENTAL EXECUTIVE SKILLS QUESTIONNAIRE (DESD)

Student's Name: _____

Name and Function of the Person filling out the questionnaire: _____

Date: _____ Current Grade: _____ **PLEASE INDICATE ONLY A CLEAR YES AS "YES"!**

COMPARED WITH HIS/HER PEERS, DOES THE STUDENT:	YES	NO
1. seem to act impulsively before stopping to think about consequences?		
2. find it difficult to stay calm, or experience temper tantrums, melt-downs or rages when things do not go not go his/her way?		
3. have difficulty managing time, getting ready because of procrastination?		
4. find it difficult when engaged in an activity he/she likes to switch to a different activity when asked to do so?		
5. find it difficult to share his/her belongings with others?		
6. find it difficult to let go of ideas, wishes or demands?		
7. seem very sensitive to touch or texture? (food, labels in clothes, new shoes, things have to be "just so")?		
8. seem unable to disengage from electronic games?		
9. resent being told what to do?		
10. take longer to calm down when excited or upset?		
11. find it difficult to control his/her anger?		
12. have trouble falling asleep once he/she is in bed?		
13. find it difficult to get into bed when it is time to do so?		
14. find it generally difficult to regulate his/her moods and emotions?		
15. find it generally difficult to regulate his/her anxieties or worries?		
16. seem to focus on immediate satisfaction and hence find it difficult to act in the best interest of reaching a long-term goal?		
17. find it hard to follow sequenced (step-wise) instructions?		
18. have trouble remembering and applying rules and learning from past experiences and mistakes?		
19. fail to ask for help when needed?		
20. seem disorganized when looking after his/her belongings?		
21. fail to adjust his/her behaviour in response to a situation or in response to who he/she is with?		
22. fail to use his/her home-work agenda well?		
23. shy away from academic or learning activities because he/she fears failure or imperfection?		
24. avoid social situations because they might lead to a negative experience (rejection, exclusion or ridicule)?		
25. have trouble being motivated to do his/her school work?		
26. seem easily distracted to the point where his/her learning suffers?		
27. find it difficult when reading a textbook or written instructions to decide what, or which part, of the material is important?		
28. have trouble remembering everything needed for the task of writing an essay?		
29. fail to appreciate the relative importance of different activities (choosing TV or games over home-work)?		
30. forget to take items home and back to school?		